Act • Dance • Sing

2022-2023 CLASS CATALOGUE
September 12 - April 8
Dear Students and Parents,

Welcome to another exhilarating year of classes at STAGES Performing Arts Academy! Our after-school, evening, and weekend programs are designed to offer students of all ages and abilities a performing arts curriculum that motivates growth, well-roundedness, compassion, and collaboration. If you want to explore your passion for musical theatre, focus on a specific skill set like acting, singing, or dancing, or learn a new performing arts discipline, we have a class for you here at the Kent Center for Theatre Arts!

We are so excited to be bringing back some of your favorite sessions while adding some new ones for the 2022 – 2023 School Year.

In addition to our Musical Theatre (MT), Acting (A), Dance (D), and Vocal (V) classes, we have made several adjustments to how we structure our offerings, and now provide:

**Introductory Courses** - These quarter-long classes are the perfect starting point for anyone who is brand new to musical theatre, singing, dancing, or acting, or for anyone needing a bit more experience before taking an upper-level course. We offer introductory classes in all available disciplines for all grade levels.

**Open Enrollment Courses** - No audition or experience is necessary to enroll in these exploratory, semester-long classes. These sessions take an even deeper dive into the performing arts than the introductory courses.

**Leveled or Pre-Screened Courses** - Beginning in 3rd Grade, we now offer various levels of difficulty for all musical theatre, singing, dancing, and acting classes. A majority of these semester or year-long classes require previous experience or an audition (in-person or through video submission) prior to being able to register for the course.

Here at STAGES, we continuously strive to inspire curiosity, creativity, and passion through high quality instruction and performance opportunities. We understand you have many wonderful options when it comes to performing arts education here in St. Louis, and we thank you for your continued support of STAGES Performing Arts Academy and our phenomenal team of teaching artists and education staff!

Crissy Nordin
Director of Education and Outreach

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**CLASS SESSIONS AND DATES**

**Full Year:** September 12 – April 8

**Semester 1:** September 12 – December 10

**Semester 2:** January 16 – April 8

**Quarter 1:** September 12 – October 23

**Quarter 2:** October 24 – December 10

**Quarter 3:** January 16 – February 25

**Quarter 4:** February 27 – April 8

**ACADEMY CLOSINGS**

- Thanksgiving Break: November 21 – November 25
- Winter Break: December 12 – January 15

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Musical Theatre Courses

BROADWAY BABIES
Grades Pre-K  Semester: $300  Mondays 5-6 pm

Created for those at the very beginning of their performing arts journey, this musical theatre class is intended for our youngest performers to learn basic, introductory theatre skills. With play and imagination at the core of the learning process, students will participate in acting games and develop an understanding for storytelling.

MUSICAL THEATRE EXPLORATION - AMAZING MUSICAL ADVENTURES
Grades K-2  Full Year: $550, Quarterly: $150  Tuesdays 5-6 pm

Fairy tale Fun
Quarter 1, September 12 – October 23

Animal Kingdom
Quarter 2, October 24 – December 10

Disney Dazzle
Quarter 3, January 16 – February 25

Kids Only
Quarter 4, February 27 – April 8

In this introductory course to musical theatre, students will build their performing skills through selections from popular family musicals like ENCANTO, THE LION KING, FROZEN, NEWSIES, MATILDA, SHREK, and more. Each themed session will use scenes or selections from these musicals to encourage students to explore their imaginations, while building confidence in their acting, vocal, and dance ability.

BROADWAY KIDS
Grades Pre-K  Semester: $300  Mondays 6-7 pm

Created for those who have already begun their performing arts journey in a previous class or camp, this musical theatre course is intended for performers to focus on the areas of singing, dancing, and acting, while engaging in the theatrical elements of a production.
GRADERS PRE-K-2

Dance Courses

INTRO TO DANCE
Grades K-2  Semester: $300  Saturdays 10-11am

This class will focus on movement and control to develop coordination, timing, and flexibility through learning beginning dance technique. Students will also learn dance vocabulary in warm-ups, floor work, and combinations.

Acting Courses

STORYBOOK THEATRE
Grades K-2  Semester: $300  Tuesdays 5-6 pm

This fun introductory course is a hands-on learning experience where students will explore the foundational elements of the theatre. Your student will engage in imaginative and creative play-acting through the use of storytelling, games, and character work.
Musical Theatre Courses

**MUSICAL THEATRE EXPLORATION – MAGICAL ADVENTURES**
Grades 3-5  
Full Year: $550, Quarterly: $150  
Tuesdays 5-6 pm

**ALADDIN**
Quarter 1, September 12 – October 23

**WILLY WONKA**
Quarter 2, October 24 – December 10

**MARY POPPINS**
Quarter 3, January 16 – February 25

**SEUSSICAL**
Quarter 4, February 27 – April 8

**BROADWAY JUNIOR**
Grades 3-5  
Semester: $300  
Mondays 6-7 pm

Do you have a young student who shows an interest in performing and already has some stage experience? Focusing on the areas of singing, dancing, and acting, students will expand on the fundamentals of what it takes to prepare and put on a show! We recommend completing one or more of our introductory courses (like Musical Theatre Exploration or Intro to Dance) before enrolling in this class.

**AUDITION PREP**
Grades 3-5  
Semester: $300  
Saturdays 11 am -12 pm

Students will delve into every aspect of musical theatre in this special package of classes. At the end of the semester, each student will receive a complete audition portfolio that can then be used for future auditions! Each portfolio will include: a monologue, 16-32 bars of an audition song, and a professional headshot and resume.
Dance Courses

MUSICAL THEATRE DANCE  
Grades 3-5  Semester: $300  Wednesdays 5-6 pm

This class will focus on learning proper dance techniques such as isolations of the body, improving performance quality and developing complex rhythms and patterns. Students will learn various styles of Musical Theatre Dance from classic Broadway to modern movement.

BALLETT/TAP COMBO  
Grades 3-5  Semester: $300  Mondays 6:30-8 pm

This class is a great introduction to the styles of ballet and tap. This course will prepare your dancer for our 6th – 8th grade dance offerings by giving them the foundations of dance technique.

Acting Courses

ACT IT OUT  
Grades 3-5  Semester: $300  Mondays 6-7 pm

In this beginning acting course, students will learn stage directions, spatial awareness, and understand how to use the three tools of an actor (face, body, and voice) to bring a story to life through scenes and monologue work.

CREATIVE DRAMA  
Grades 3-5  Semester: $300  Saturdays 10-11 am

In this class your student will learn the foundations of both theatre preparation and performance. Through the use of storytelling, improvisation, character work, and creative play, your student will learn how to conceive and star in their own show!

ACTING FOR TV & FILM  
Grades 3-5  Semester: $300  Thursdays 5-6 pm

Do you have a future movie star? This introductory course is for students who are interested in learning how to act on TV and in Film. This class will provide a fun way to prepare your student for the big screen!

IMPROV  
Grades 3-5  Semester: $300  
Two Sections Available: Tuesdays 6-7 pm or Wednesdays 6-7 pm

In this class, your student will learn how to think outside of the box - on the fly! Through different activities and techniques, your student will be able to start a scene out of nothing and create a show out of minimal circumstances, growing into a more intuitive actor.

SCENE STUDY  
Grades 3-5  Semester: $300  Tuesdays 6-7 pm

In this semester long course you will combine your music and acting skills to bring vivid characters from the page to the stage. Work on scenes from classics like CAROUSEL as well as newer shows like COME FROM AWAY.

WINNIE THE POOH KIDS, Summer 2022
## Musical Theatre Courses

### MUSICAL THEATRE EXPLORATION – BROADWAY’S GREATEST HITS
Grades 6-8  
Full Year: $550, Quarterly: $150  
Wednesdays 5-6 pm

**THE ADDAMS FAMILY**  
Quarter 1, September 12 – October 23

**ANASTASIA**  
Quarter 2, October 24 – December 10

**13**  
Quarter 3, January 16 – February 25

**SCHOOL OF ROCK**  
Quarter 4, February 27 – April 8

These quarterly musical theatre classes explore the nuances of some of Broadway’s best musicals. Through performance of song, dance, and acting, students will start learning concepts of performance and musical theatre interpretation.

### AUDITION PREP
Grades 3-5  
Semester: $300  
Thursdays 5-6 pm

In this fast-paced course, students will learn the ins and outs of auditions. At the end of the semester, each student will receive a complete audition portfolio which will include a monologue, 16-32 bars of an audition song, and a professional headshot and resume.
Dance Courses

DANCE CALL
Grades 6-8  Full Year: $550, Quarterly: $150  Tuesdays 5-6 pm

Modern/Contemporary (HAMILTON, MEAN GIRLS, SIX)
Quarter 1, September 12 – October 23

Jazz (A CHORUS LINE, CHICAGO, PIPPIN)
Quarter 2, October 24 – December 10

Ballet (ON THE TOWN, CATS, AN AMERICAN IN PARIS)
Quarter 3, January 16 – February 25

Tap (42nd STREET, ANYTHING GOES, SOMETHING ROTTEN)
Quarter 4, February 27 – April 8

JAZZ: BEGINNER
Grades 6-8  Semester: $300  Mondays 5-6 pm

This class is excellent for any student who is new to Jazz. With a combination of style and technique, this class will help students develop a solid foundation of vocabulary while learning a variety of turns, leaps, and innovative choreography.

JAZZ: INTERMEDIATE
Grades 6-8  Semester: $300  Mondays 5-6:30 pm

This beginning to intermediate level class is an excellent experience for any student interested in developing or strengthening their jazz dance technique. Students will work to strengthen their technical base in addition to learning a variety of jumps, turns and innovative choreography. This athletic class will feature a variety of jazz styles - from Broadway to lyrical jazz.

JAZZ: ADVANCED
Grades 6-8  Semester: $300  Mondays 5-6:30 pm

This advanced level class is an excellent experience for the student who is interested in further strengthening their dance technique. The students will work to keep up their solid technical base while increasing their repertoire of jumps, turns, and choreography. This athletic class will feature a variety of jazz styles - from Broadway to lyrical jazz.

BALLET
Grades 6-8  Semester: $300  Wednesdays 6-7 pm

This class follows a traditional ballet class format, starting at the barre focusing on posture and alignment, continuing with stretching and strengthening exercises. Center movement and traveling steps are added as the class progresses. No formal training is required.

TAP
Grades 6-8  Semester: $300  Tuesdays 7-8 pm

This class focuses on the movement and dance skills necessary to develop coordination, balance, musicality, timing, and flexibility in the areas of tap. Students are taught proper technique and vocabulary through warm-ups, center/across floor exercises, and rhythmic combinations.

HIP-HOP
Grades 6-8  Semester: $300  Tuesdays 6-7 pm

This high energy class infuses foundations of house, hip hop, contemporary, and Voguing/walking designed to challenge every dancer to enjoy the love of movement. Student's will develop stamina, body awareness, execution, and technique.

Disney and Cameron Mackintosh's MARY POPPINS JR., Spring 2022
Acting Courses

STAGE ACTING
Grades 6-8  Semester: $300  Thursdays 7-8 pm
Throughout the semester your student will learn the foundations of acting in this introductory level course. Students will learn about stage directions, character development, memorization, scene study, and monologue performance.

ACTING FOR TV & FILM: Level 2
Grades 6-8  Semester: $300  Thursdays 6-7 pm
Do you have a future movie star? In this class, your student will learn the ‘ins and outs’ of the film industry. By the end of this course your student will have a greater understanding of the focus, physicality, and presence needed for the big screen! We recommend completing one or more of our introductory courses (like Intro to Acting) before enrolling in this class.

IMPROV
Grades 6-8  Semester: $300  Wednesdays 7-8 pm
In this semester-long course, your student will learn more about the art of comedy and improvisational techniques. Your student will understand how to think on their feet, create characters, and be confident on stage.

SCENE STUDY
Grades 6-8  Semester 1 only: $300  Thursdays 6-7 pm
In this semester long course you will combine your music and acting skills to bring vivid characters from the page to the stage. Work on scenes from classics like CAROUSEL as well as newer shows like COME FROM AWAY.

Vocal Courses

SONG STUDY
Grades 6-8  Semester: $300  Saturdays 11 am -12 pm
This course will focus on song interpretation and how to present it to your audience. Through individualized coaching and a masterclass approach, students will strengthen their ability to convey a story through voice, facial expression, body language, and vocal technique.
### CALENDAR - Grades 9-12

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<td>Jazz: Beginner</td>
<td>Stage Combat</td>
<td>Jazz: Intermediate</td>
<td>Ballet</td>
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<td>Hip-Hop</td>
<td>Musical Theatre Exploration</td>
<td>Acting for TV &amp; Film</td>
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<td>College Audition Prep</td>
<td>Dance Call</td>
<td>Intermediate</td>
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**Triple Threat Teens, Spring 2022**

*Disney and Cameron Mackintosh’s MARY POPPINS JR., Spring 2022*
Musical Theatre Courses

**MUSICAL THEATRE EXPLORATION**  
Grades 9-12  
Full Year: $550, Quarterly: $150  
Thursdays 6-7 pm

**Golden Age**  
Quarter 1, September 12 – October 23

**Sondheim**  
Quarter 2, October 24 – December 10

**Contemporary**  
Quarter 3, January 16 – February 25

**Current**  
Quarter 4, February 27 – April 8

In this fun, performance motivated class students will focus on a different musical every quarter. Learning songs, scenes, and choreography from Broadway's top musicals will help students work on performance skills and stage presence. All the hard work will culminate in a showcase at the end of the quarter where the students get to perform their very own mini musical for family and friends.

**COLLEGE AUDTION PREP**  
Grades 9-12  
Semester: $300  
Mondays 8-9 pm

In this course for high school juniors and seniors, you’ll discover what to look for in a successful college acting or musical theatre degree program, discuss best practices in obtaining headshots, creating resumes, and having on campus interviews. You will end this course with a showcase of either two contrasting monologues, or one monologue and 16-32 bars from the musical theatre canon.

Dance Courses

**DANCE CALL**  
Grades 9-12  
Full Year: $550, Quarterly: $150  
Wednesdays 7-8 pm

**Modern/Contemporary (HAMILTON, MEAN GIRLS, SIX)**  
Quarter 1, September 12 – October 23

**Jazz (A CHORUS LINE, CHICAGO, PIPPIN)**  
Quarter 2, October 24 – December 10

**Ballet (ON THE TOWN, CATS, AN AMERICAN IN PARIS)**  
Quarter 3, January 16 – February 25

**Tap (42ND STREET, ANYTHING GOES, SOMETHING ROTTEN)**  
Quarter 4, February 27 – April 8

These quarterly musical theatre classes explore the nuances of some of Broadway’s best musicals. Through performance of song, dance, and acting, students will start learning concepts of performance and musical theatre interpretation.

**JAZZ: BEGINNER**  
Grades 9-12  
Semester: $300  
Thursdays 5-6 pm

This class is excellent for any student who is new to Jazz. With a combination of style and technique this class will help students develop a solid foundation of vocabulary while learning a variety of turns, leaps, and innovative choreography.

**JAZZ: INTERMEDIATE**  
Grades 9-12  
Semester: $300  
Thursdays 5-6:30 pm

This beginning to intermediate level class is an excellent experience for any student interested in developing or strengthening their jazz dance technique. Students will work to strengthen their technical base in addition to learning a variety of jumps, turns, and innovative choreography. This athletic class will feature a variety of jazz styles- from Broadway to lyrical jazz. This course will include jazz vocabulary, conditioning exercises to increase flexibility/strength, and various combinations.
BALLET
Grades 9-12    Semester: $300    Saturdays 12-1 pm

Come enjoy the excitement and beauty of classical ballet! This class will focus on more complex ballet terminology and technique through the execution of barre work, center, and across the floor exercises. Your child will leave with a clear understanding of body alignment, movement quality, carriage of upper body, and flexibility.

TAP
Grades 9-12    Semester: $300    Tuesdays 6-7 pm

This class focuses on the movement and dance skills necessary to develop coordination, balance, musicality, timing, and flexibility in the areas of tap. Students are taught proper technique and vocabulary through warm-ups, center/across floor exercises, and rhythmic combinations.

HIP-HOP
Grades 9-12    Semester: $300    Tuesdays 7-8 pm

This high energy class infuses foundations of house, hip hop, contemporary, and Voguing/walking designed to challenge every dancer to enjoy the love of movement. Student's will develop stamina, body awareness, execution, and technique.

ACTING STYLES
Grades 9-12    Full Year: $550, Quarterly: $150    Mondays 7-8 pm

Shakespeare
Quarter 1, September 12 – October 23

Classical
Quarter 2, October 24 – December 10

Contemporary
Quarter 3, January 16 – February 25

Farce
Quarter 4, February 27 – April 8

In these intermediate acting classes, students will be introduced to a new acting style every quarter. Perfect for the serious acting student or those preparing for college acting courses, these classes can be taken on an individual basis, or in a combination that is most desirable to the student's learning process. Previous experience is recommended, but not required before taking this particular course.

ACTING FOR TV & FILM: LEVEL 3
Grades 9-12    Semester: $300    Thursdays 7-8 pm

For those interested in learning more about an on-camera career and the skills necessary to become a successful film actor. In this class, students will learn all of the ins and outs of the film industry, and by the end, your student will have a greater understanding of the focus, physicality, and presence needed for the big screen!

INTERMEDIATE-ADVANCED ACTING
Grades 9-12    Semester: $300    Thursdays 8-9 pm

Meant for the high school actor with previous experience, this course will use several different solo, partnered, and group acting exercises to increase the understanding and experience of what it means to listen, be present, be emotionally full, and physically connected. Each student will perform a memorized monologue in a showcase held on the last day of class.
Vocal Courses

SONG STUDY
Grades 9-12  Semester: $300  Tuesdays 5-6 pm

This course will focus on song interpretation and how to present it to your audience. Through individualized coaching and a masterclass approach, students will strengthen their ability to convey a story through voice, facial expression, body language, and vocal technique.

Technical Courses

STAGE COMBAT
Grades 9-12  Semester: $300  Wednesdays 6-7 pm

Students will learn the basics of all aspects of unarmed stage combat, falling, grappling, punches, kicks, etc. Particular attention will be paid to the safeties required to perform fights as well as how to connect stage combat techniques to text, character and intention.
### ADULT Courses

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<td>10-11 am Silver Stars</td>
<td>9-10 am Adult Ballroom</td>
<td>6-7:30 pm Adult Acting</td>
<td>7:30-9 pm Adult Acting: Scene Study</td>
<td>7-8 pm Adult Tap</td>
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#### ADULT TAP CLASS
$20/class    Thursdays 7-8 pm
Tap dance is a timeless style that combines rhythm, technique and improvisation. Whether you are a beginner, or just need a place to brush up, our instructors are capable of teaching to your specific level.

#### ADULT BALLROOM
$20/class    Saturdays 9-10 am
Learn the basics of ballroom from swing to tango and everything in between. Get swept away by many different styles within the ballroom dance genre and learn to lead and follow!

#### ADULT ACTING CLASS
$20/class    Wednesdays 5-6:30 pm
For adult students, college aged to seniors, this course will use several different solo, partnered, and group acting exercises to increase the understanding and experience of what it means to listen, be present, be emotionally full, and physically connected. Each student will perform a memorized monologue in a showcase held on the last day of class.

#### ADULT ACTING: SCENE STUDY
Semester: $300    Wednesdays 6:30-8 pm
This course is a continuation of the work explored in the Adult Acting class. The focus on technique and in the acting exercises will be on achieving emotional believability and dynamic acting choices during 2 or 3-person scene work. The end of term showcase will feature students in memorized 2 and/or 3-person scenes.

#### SILVER STARS (Senior Dance)
$20/class    Tuesdays 10-11 am
Dust off your dancing shoes and come join us for this brand new senior dance class for performers age 65+. For the beginner to the advanced dancer, there is something to be found for everyone in this course.
Premier Performance Groups
*By Audition Only

**GRADES 5-8**

**STAGES Triple Threats**
Monday 6:30-8:30 pm, Full Year: $800

This intermediate level program is for the serious musical theatre student seeking individualized guidance and professional level musical theatre training. Students will serve as STAGES Performing Arts Academy ambassadors, perform throughout the year, and put on a full scale production in the spring.

**Audition information: May 2023** - Please prepare 16-32 bars of a musical theatre song and a short monologue. A dance combination will be taught - please dress appropriately.

**GRADES 9-12**

**STAGES Triple Threat TEENS**
Thursdays 6:30-8:30 pm, Full Year: $800

This advanced level program is for the serious student performer who wishes to pursue a collegiate and/or professional career in musical theatre. Students will study, travel, and perform throughout the year as STAGES ambassadors, and put on a full scale production in the spring.

**Audition information: May 2023** - Please prepare 16-32 bars of a musical theatre song and a short monologue. A dance combination will be taught - please dress appropriately.

*16 students will be invited into the 2022-2023 ensemble. Students are required to take 1 dance class and 1 other course. Students are permitted to miss 4 excused absences during the 2022-2023 Triple Threat season.
This high-energy, heartfelt, contemporary musical, full of show-stopping song and dance numbers, has plenty of featured and ensemble roles for teens, pre-teens, and children!

Josh Baskin is sick of being an awkward kid. At a carnival, he makes a wish to the Zoltar machine to become “big”. To his shock, his wish is granted. After an understandably awkward beginning, Josh is forced to do “adult” things, like getting a job and managing relationships. In the end, he discovers that there’s much more to being an adult than he’s bargained for and learns that we must all grow up at our own pace and in our own time.

General Auditions: September 8, 4-9 pm
Callback Auditions (by invitation only): September 9, 5-8 pm

Please prepare 16-32 bars of a musical theatre song. A simple dance combination will be taught – please dress appropriately.

Rehearsals: September 17 – December 14; Tuesday and Sunday rehearsals

Performances: December 15 - 17

Participation fee: $275

SPECIALITY PROGRAMS

Private Lessons
Receive individualized coaching in dancing, acting, or voice with a STAGES Teaching Artist. This hands-on coaching is perfect to boost skills or prep for the next big audition. Please call 636.449.5775 for more information.

ACCESS THE ARTS PROGRAMS

Unique to the St. Louis region, STAGES’ Access the Arts programming consists of classes, workshops, and performance opportunities that enable neurodiverse youth and adults, as well as students living with disabilities, to fully participate in the musical theatre arts.

Dedicated to developing participants’ skills in acting, singing, dance (and thereby the related areas of communication skills, speech, and gross motor development), Access the Arts programs feature traditional musical theatre courses adapted to meet the needs of all participants.

AGES 13+

MOVEMENT & DANCE
Saturday 10-11 am
Year: $300
Students will continue developing performance technique while improving motor and communication skills. With personalized attention in an intimate classroom environment, students will learn some of the same pieces as our performing troupe.

TROUPE BROADWAY
Saturday 11 am - 1 pm
Year: $500
Troupe Broadway is a musical theatre course that culminates in a production in the spring. In this class students will learn the basics of theatre as well as character development, vocal performance, and dance.
REGISTER TODAY!
Contact the Academy at 636.449.5775
or visit us online at StagesStLouis.org

Photos by Peter Wochniak, Dani Stevenson, & Ava Carson